

# The E-pistle

A Weekly eNewsletter for Eastern Shore Chapel

November 10 - November 16, 2017

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CNU Chamber Choir  
Dr. John Irving, conductor

# ROADS THROUGH SHENANDOAH

**Triptych**  
Tarik O'Regan

**Serenade to Music**  
Ralph Vaughan Williams

Works by David Lang, Stephen Foster,  
and the Beatles

November 12, 2017 | 7 p.m.  
Eastern Shore Chapel,  
Virginia Beach

November 19, 2017 | 3 p.m.  
Peebles Theatre,  
Ferguson Center for the Arts

1. Dear Friends,

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Collect for Sunday

November 12

The Twenty-third Sunday after Pentecost

## THIS WEEK AT ESC

### Preaching Schedule: November 12 - The Rev. Cameron Randle

#### Sunday, November 12

8:00 a.m. Holy Eucharist I

9:00 a.m. Adult Forum - **Stewardship update on ESC finances, endowments, the stewardship effort and next year's budget.**

9:15 a.m. Christian Formation

9:30 a.m. Choir Practice

10:15 a.m. Holy Eucharist II

10:30 a.m. Children's Chapel

6:00 p.m. Schola Practice

7:00 p.m. Christopher Newport News University Chamber Choir

#### Monday, November 13

8:00 a.m. Peanut Cooking

1:00 p.m. AA

6:00 p.m. Audubon Society Mtg

#### Tuesday, November 14

10:30 a.m. Staff Meeting

1:00 p.m. AA

4:00 p.m. PBS Board Mtg

5:30 p.m. Finance Mtg

#### Wednesday, November 15

8:00 a.m. Peanut Cooking

1:00 p.m. AA

5:00 p.m. Chorister Practice

5:45 p.m. HE - **The first Wednesday of every month will be our healing service with communion; however, every Wednesday there will be healing oil if you wish to be anointed after the service.**

6:30 p.m. Wednesday Night Dinner - Menu: (\$6 per person) Pork Loin Roast with Apple Onion Gravy, Mashed Potatoes, Mixed Vegetables, Carrot Ginger Soup, Salad, Fruit, Bread.

7:15 p.m. Adult Choir Practice

#### Thursday, November 16

7:30 a.m. Thurs Morning Peace & Daily Morning Prayer

1:00 p.m. AA

#### Friday, November 17

1:00 p.m. AA

6:00 p.m. PDS Parent's Night Out

#### Saturday, November 18

8:30 a.m. OA Meeting

10:00 a.m. Debtors Anonymous Meeting



ESC Chapel Choir performed "Requiem" by William Culverhouse on All Saints Sunday, November 5th.

### **\*UPCOMING EVENTS\***

**November 19 - 9:00 a.m. - Adult Forum/Creation Series led by Rabbi Zoberman**

**December 3 - 9:00 a.m. - Advent Wreath Making**

**9:00 a.m. - Adult Forum/Vestry Elections - Mark your Calendar!**

**December 17 - 5:00 p.m. - Lessons & Carols**



**Christmas Eve, Sunday, December 24**

**9:30 a.m. Holy Eucharist, Rite I**

**4:00 p.m. Christmas Pageant and Holy Eucharist  
Family-friendly service**

**8:00 & 10:30 p.m. Holy Eucharist, Rite II  
Full Choir & Strings**

**Christmas Day, December 25**  
**4:00 p.m. Holy Eucharist, Rite II**



**Flower Guild Volunteers are needed!**

The flower guild is in need of your help. We need volunteers to help with the flowers on the altar. No experience needed. Once every six weeks you are asked to help decorate the altar with the flowers, then after services to take them down and put into vases to be delivered to others in need. Won't you help? Takes only a little bit of time and is so rewarding. Want to know more? Call Audra Byrn at [757-408-6916](tel:757-408-6916). Come bloom with us.

**Decking the Halls for Christmas**

Volunteers needed to prep, water and move poinsettias, hang swags, decorate the windows, and tie bows for the Christmas festivities. Come one, come all for a few hours on Saturday, December 23 from 10:00 a.m. until 12 noon (or however long you can help). Bring the kids, bring friends and just stop by to help for a little while. Any little bit will be greatly appreciated. For more information, call Audra Byrn at [757-408-6916](tel:757-408-6916).

***AROUND THE DIOCESE, COMMUNITY, AND THE WORLD***

**A Prayer for the Military**

Pray for the Military Family to be strong and resilient. Pray for physical, emotional, and spiritual protection. Pray for God to protect their hearts from fear and stress so that they will find joy in the everyday blessings of life. Pray for them to learn how to overcome the challenges separations can bring and for military families to remain strong in faith and dependence on the Lord.

The 242nd Marine Corps Birthday will be celebrated this week (10th)! We thank the Lord for those serving in the U.S. Marine Corps. Bless them as they serve with honor, courage, and commitment. Semper Fi!

On this U.S. Veteran's Day (11th) pray that the 22 million veterans who live among us today will feel honored and respected as we remember them for the courage and boldness they displayed. Lord, fill them with your peace and bless them beyond all they imagine.

***"You will keep in perfect peace those whose minds are steadfast, because they trust in you.  
Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal."***

***- Isaiah 26:3-4***

***Lord, we thank You for the men and women that protect this nation.***

*As they protect us, we pray that You will protect them. You know where they will be today and we pray that You will be there with them to guide them through whatever challenges and trials they face. Amen*



**A Prayer for Government Leaders**

*God of power and might, wisdom and justice,  
through you authority is rightly administered, laws are enacted, and judgment is decreed.*

*Assist with your spirit of counsel and fortitude*

*the President and other government leaders of these United States.*

*May they always seek the ways of righteousness, justice and mercy.*

*Grant that they may be enabled by your powerful protection to lead our country with honesty and integrity.*

*We ask this through Christ our Lord. Amen*

**"May the Lord bless you and protect you. May the Lord smile on you and be gracious to you. May the Lord show you his favor and give you his peace."**

**- Numbers 6:24-26 (NLT)**



His prison name is "OJ". He is a fresh-faced young man, mid-thirties I'd guess, that came to KAIROS 4 at Sussex II State Prison Thursday afternoon as a veteran - of the corrections system. He told us of his repeated incarcerations since his youth, of the environment he was raised in that saw as many as three generations of a single family in

the same prison compound as nothing unusual. He doesn't know his dad. He's a thoughtful guy. He has listened to the good points of the various "religions" available to him in the institution. He sees some value in most of them; each has some good people in them. He couldn't understand, however, any religion that would support the killing of innocent people.

He never knew, until his KAIROS weekend, what a real friend was, i.e. someone who wants only the very best for him. Up until then he thought a friend was just someone you hung out with, maybe did a crime with. Nobody had ever baked him a cookie in his whole life! He had never experienced the agape love that the KAIROS team members showed him. He had never dealt with anyone that didn't want something back from him.

You could see a major change in his demeanor by Sunday afternoon. As the program closed he stood in front of all of the other residents at "open mic" and said he had finally found what he was searching for. "This is what I want for my life," he told us. Thanks be to God!

## **Becca brings Thistle Farms love to the ECW Annual Fall Meeting**

Thistle Farms opened for business at the ECW Annual Fall Meeting - Love Heals Conference. Some 200 people, who gathered to hear the Rev. Becca Stevens speak, met the Thistle Farms founder face-to face when they shopped for natural body and home products, candles, healing oil and books. Into every product handcrafted by the women of Thistle Farms goes the belief that love is the most powerful force for change in the world. Becca; the Thistle Farms Nashville staff; Kim Stevens, retail store manager; Sophia Crawford, logistics director; and Connally Penley, road trip logistics coordinator; set up shop at St. Francis, Virginia Beach, on Saturday, Nov. 4.



*Helen Sharpe-Williams  
& the Rev. Becca Stevens*

When ECW Diocesan President, Helen Sharpe-Williams introduced Becca, she thanked the ECW for helping arrange their trip to Virginia, and she thanked everyone for a great round of shopping. Twenty years ago, Becca started Thistle Farms to provide sanctuary for survivors of trafficking, prostitution and addiction. Thistle Farms' sales help fund this mission.

Becca said she started Thistle Farms because, "I wanted to have something I would want If I was coming off the street." She wanted "radical hospitality." No one who asks for help is left alone. "It's a partnership," she said. "Women do recover."

Today the Global market of Thistle Farms helps employ more than 1,800 women worldwide and the national network has more than 40 sister communities mostly started by ECWs. - *Nancy Smith, St. Aidan's, Virginia Beach*

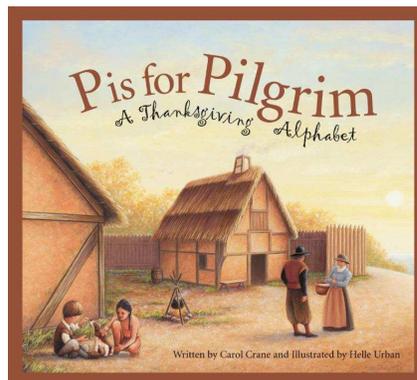
## **PARISH DAY SCHOOL**

This week at Parish Day School we visited with Mrs. Lutz and Mrs. Nance's four year old class. The children were busy doing many different fine motor activities aimed at teaching them different readiness skills to prepare them for kindergarten. They were learning how to recognize and write the letters of the alphabet. The children used tongs to pick out the "ghost" letters (letters made with a hot glue gun that are clear when dry)

that were hidden in the rice. They were also learning how to recognize and count out numbers. Even the water play table was used to help teach counting as the kids had to pick a number and then use the bubble tongs to take out and count out that amount of cranberries. All of the four year old classes participate in similar activities to get them ready for elementary school and we are super proud of all the time and attention all of our teachers take to make our four year old students successful!



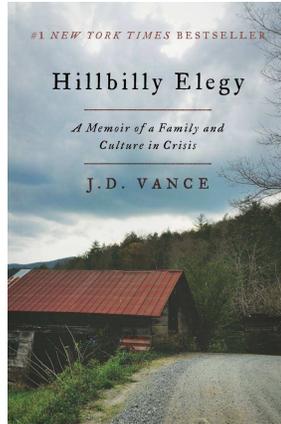
## PARISH BOOKSTORE



**Christmas decorations may be up in the stores, but we at the Parish Book Store are celebrating THANKSGIVING!**

Choose a book for a special young person to celebrate the season, a piece of Sarah Rubin pottery for your table or ESC peanuts. Among our children's titles are *Thank You, Sarah: The Woman Who Saved Thanksgiving*; *P Is for Pilgrim: A Thanksgiving Alphabet* and *We Gather Together: Celebrating the Harvest Season*.

Come see what other treasures we have.



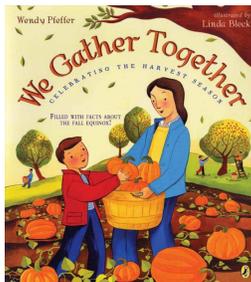
**Join the Parish Book Store Group December 3 at 11:30 a.m. in the Parlor.**

Our next book is *Hillbilly Elegy*, an interesting autobiographical window into the culture of Appalachia.

Order your book from the book store.

## Parish Book Store

Support the Parish Book Store. All profit made by the book store is used to support seminarians and deacons in our diocese.



Hours:

M - F - 9:00 A.M. - 3:00 P.M.

Saturdays - 9:00 A.M. - Noon

Sundays between worship services

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### About the E-pistle

Welcome to the weekly e-mail newsletter for Eastern Shore Chapel. It is published every Friday. We hope this publication provides you with helpful information about upcoming events and topics of concern to our parish. If you would like to contribute information, please contact Rita Waldeck, [rwaldeck@easternshorechapel.org](mailto:rwaldeck@easternshorechapel.org). The deadline is noon on Wednesday.