

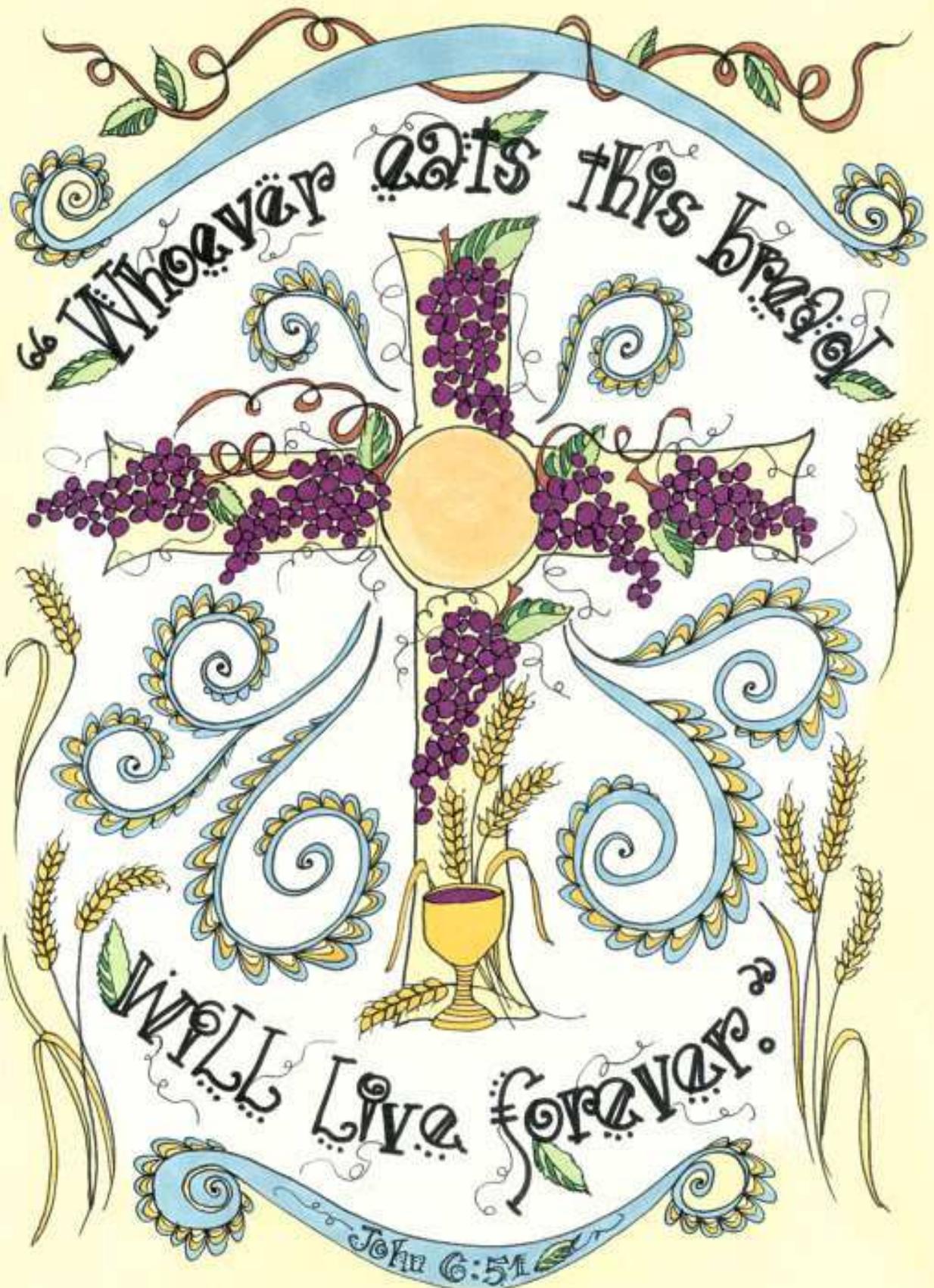
The E-pistle

The eNewsletter for Eastern Shore Chapel

August 15, 2018

ESC Mission Statement:

*To love all as Christ loves us, and to share the light of
God through worship, service, and ministry*



1. Dear Friends,

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Highlights from Summer Music Camp held at ESC August 6-10



Summer Music Camp participated in the Sunday morning service.



Recreation time included soccer and games.



Larry Smith with Campers at the piano



The week ended with a pool party



and pizza. Thanks to all who participated!

Highlights from Eastern Shore of Virginia Mission Trip, August 3 and 4

Over the first weekend in August, a team of 40 people from Eastern Shore Chapel spent two days working with and spending time with members of the Dos Santos community on the Eastern Shore of Virginia. The team worked on four homes and did an amazing job doing multiple construction projects such as replacing flooring, fixing windows, walls and doors, sealing roofs from leaks, replacing light fixtures, building stairs, and

lots of plumbing work. The team supported the Dos Santos Community Garden by building a 8x8 storage shed, three vegetable stands and weeding and harvesting the garden. The trip also included a camp for the children focusing on the environment with a field trip to the shore. The weekend concluded with a joint Dos Santos/Eastern Shore Chapel picnic where our two communities engaged in active fellowship.

Eastern Shore Chapel could not have accomplished this trip without the assistance of our friends at St. George in Pungoteaque and Holy Trinity in Onancock. Their support was invaluable and shows the strength of what can be done together in Jesus' name when parishes combine efforts. The trip was a transformational experience for those who followed God's calling and went and served. Not only was much good work done, but more importantly, friendships and connections were made between two communities.



Eastern Shore Virginia
Mission Trip 2018

PREACHING SCHEDULE:

8:00 a.m. & 10:15 a.m.

Sunday, August 19 - The Reverend Cameron Randle
Sunday, August 26 - The Reverend Julia Messer

MID-WEEK SCHEDULE:

Wednesdays, 5:45 p.m. Holy Eucharist, Chapel

Thursdays, 7:30 a.m. Thursday Morning Peace & Bible Study, Narthex

Thursdays, August 23 & 30, 10:00 a.m. Summer Bible Study of Mark (Chapter 12 & 13), Parish Hall

*UPCOMING EVENTS:

The Peanut Group will begin cooking again on October

1. Orders may be placed beginning September 4 by calling the parish office, 757-428-6763. The last day for cooking is May 13, 2019, so plan ahead and place your orders **AFTER LABOR DAY!**



JOIN US FOR SUMMER BREAKFAST SUNDAY 9:00 AM IN THE PARISH HALL.



Chefs: August 19, Members of the ESC Choir

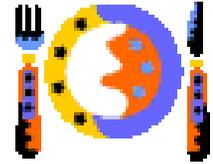
Menu - Egg, sausage & cheese casserole, Assorted muffins, Seasonal fruit, Dry cereal, Fruit juice and coffee

August 26, Craig Caulkins & Newcomers Ministry

Menu - French toast, Sausage, Fruit

The Third Tuesday Supper Group will meet August 21 at 6:30 p.m. at the home of Christina Wyman, 1504 Five Forks Road, Virginia Beach.

All are welcome. Please bring a dish to share. Call Christina at 589-0742 for directions.



ESC Seminarian, Carter Sinclair, to be ordained a vocational deacon

Carter Sinclair's journey toward ordination as a vocational (lifelong) deacon was sponsored by this parish. Carter will be ordained on Saturday, September 29 at Galilee Episcopal Church in Virginia Beach. A structural engineer by profession, Carter is called to a ministry of representing the church to the world and the needs of the world to the church. He has completed a two-year program of study at The Cross Diocesan Deacons' School and will be serving at Emmanuel Episcopal Church in Kempsville. Congrats and blessings to Carter and Ellen!



Carter Sinclair
Ordination
Saturday,
September 29, 11AM,
Galilee

If you would like to contribute to his discretionary fund or gift from ESC, please put Carter's name in the memo line of your check made payable to ESC.

AROUND THE DIOCESE, COMMUNITY, AND THE WORLD



A Prayer for the Military

Lord, we thank You for the men and women that protect this nation.

*As they protect us, we pray that You will protect them. You know where they will be today and we pray that You will be there with them to guide them through whatever challenges and trials they face.
Amen*

A Prayer for Government Leaders

God of power and might, wisdom and justice, through you authority is rightly administered, laws are enacted, and judgment is decreed. Assist with your spirit of counsel and fortitude the President and other government leaders of these United States. May they always seek the ways of righteousness, justice and mercy. Grant that they may be enabled by your powerful protection to lead our country with honesty and integrity.

We ask this through Christ our Lord. Amen

PRAISE for all that God did at the Ukraine Military Family Camp (June 21-28)! Following several days of learning about God's design for marriage, all of the military couples re-committed themselves to each other. They, also, received teaching, tools, and resources to help them in their healing from Post Traumatic Stress, related to the combat trauma they've experienced. **PRAISE** that they can now move forward with peace and hope! Thank you for praying for this fruitful mission. **PRAY** for service members who are now making the sometimes challenging transition to civilian life ... no longer Active-duty, now veterans. **PRAY** for them to seek God in the everyday decisions of life and as they and their families adjust to their "new normal." **PRAY** against isolation and discouragement as they trust in Him and His plans for their future. **PRAISE** the Lord and thank you for praying for the Lord to bless the Second Christian Cadets Encounter (July 6-7) in Honduras! He did immeasurably more than asked or even imagined! There were 90 cadets from the four Academies (Army, Navy, Air Force and Police), six officers and several ministry volunteers in attendance. There was fruitful time of worship, prayer, Bible study, spiritual multiplication training, and fellowship for two full days at the Army Academy. The cadets had the opportunity to share the Four Spiritual Laws with other cadets and 100 out of 132 accepted Jesus!

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." Jeremiah 29:11 (NLT)

<https://crumilitary.org/>

Stephen Ministry Educational Session meets August 28

Tuesday, August 28, the Stephen Ministry educational session of Virginia Beach United Methodist Church will feature **Rev. Tim Farabaugh, M. Div., a member of their congregation**, who will be sharing his experience as Executive Director of the Hermitage, a community for active adults 62 or better, in Alexandria, VA. All are welcome to attend, whether or not you are a Stephen Minister. The education sessions are opportunities to meet their Stephen Ministers and find out more about the ministry. If you feel that you are being called to join this ministry, you are especially invited to be present. Room 201 S, 6:30-7:15 p.m. For more information, contact: Rosemarie Hughes, rhughes87@cox.net 757-453-6235



Cursillo Co-Ed Weekend, September 27-30, Chanco on the James

The next Cursillo Weekend will be September 27-30 at Chanco on the James in Surry. Linda Tandy is the rector for this weekend. Cursillo is Spanish for "Short Course." For us, it's a short course in Christianity. The movement was started many years ago in an effort to help young Christian men grow closer to Christ. Today, there are Cursillo movements all over the world. On the three day

weekend, candidates learn how to grow as leaders in their communities and in their own personal journey with Jesus.

Applications are available in the parish office. For more information see Rev. Julia or check out the site: <http://www.cursillodiosova.org/>

Registration now open for Fall Camp at Shrine Mont, October 22-25

Registration is now open for the 2018 Fall Camp, sponsored by the Tri-Diocesan Council on Aging, to be held October 22-25 at Shrine Mont in Orkney Springs, VA. Fall Camp is an opportunity to spend time in the mountains of Virginia with other seniors from across the Commonwealth and from other states. The camp is an attempt to take seriously the spiritual needs and journeys of primarily retired people, challenging participants through keynote

speakers, workshops, worship and interaction with one another. [Click here](#) for more information and registration.



Lauren F. Winner

The keynote speaker for this year's conference will be Lauren F. Winner. Dr. Winner is an Episcopal priest and vicar of St. Paul's Episcopal Church in Louisburg, NC. She writes and lectures widely on Christian practice, the history of Christianity in America, and Jewish-Christian relations. Her books include *Girl Meets God*, *Mudhouse Sabbath*, *A Cheerful and Comfortable Faith*, *Still: Notes on a Mid-Faith Crisis*, and, most recently, a book on overlooked biblical tropes for God, *Wearing God*.

KAIROS 15 at Sussex II State Prison, October 24-28

For information about how to get involved or support this prison ministry, contact Lee Davis at cleedavis3@gmail.com. Kairos Prison Ministry shares the love and forgiveness of Jesus Christ to incarcerated men, women, youth and their families.

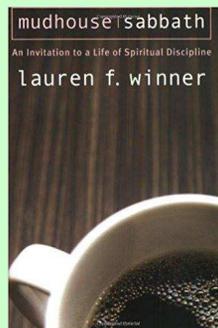


Kairos sprang from the Cursillo movement and is supported by volunteers from the 4th-Day movements such as Cursillo, National Episcopal Cursillo, Presbyterian Cursillo, Lutheran Via de Cristo, The Upper Room's Walk To Emmaus, and independently ecumenical Tres Dias, as well as by volunteers from independent and nondenominational churches. As a ministry, Kairos embraces a diverse group of volunteers working together to fulfill Christ's call to action in Matthew 25:36.

THE PARISH BOOK STORE

This summer The Parish Book Store is joining "The Great American Read Contest" that is sponsored by PBS and WHRO.

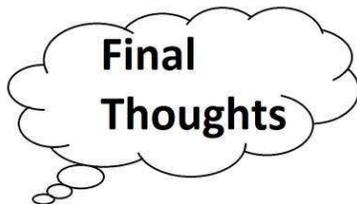
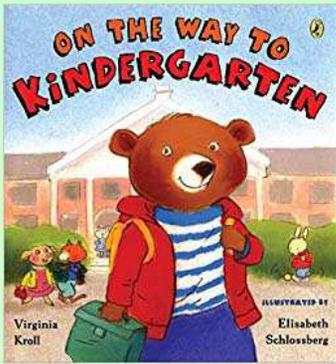
PBS has created a list of the most favorite books of all time and copies of this list are in the book store. (You will be amazed at how many of these books you have read). Each time you come in you can peruse the list and VOTE for your favorite book. At the end of the summer we will count the votes to see what the favorite book of Eastern Shore Chapel might be. NO PURCHASE IS NECESSARY! Come in and VOTE! This contest ends Labor Day.



The Parish Book Store's Book Group will read and discuss Lauren Winner's *Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline* on September 30 in the parlor at 11:30 a.m. The book is available now in the Parish Book Store. Join us! But do your

homework...which of the 11 Jewish spiritual practices Winner writes about do you find relevant to your own life? We welcome all (even if you don't do your homework).

First-day-of-school jitters is real, especially if going to a new school. The Parish Book Store has books, especially for kindergarteners, to allay those jitters. *Welcome to Kindergarten*, *On the Way to Kindergarten*, and *First Day Jitters* are just some of our titles. We also have guardian angel pins and pocket tokens to put inside that new backpack to remind your student that all will be well. While you are at the Book Store purchase a bilingual book for our Dos Santos mission. Time is growing short! Books will be delivered to the mission at the end of August.



Kairos Prison Ministry - It will be yours

We read the bible a lot in the Episcopal Church. In the past, we have gone long stretches without formal bible study, but we do the readings *religiously*. Each Sunday and every day, we are given a reading from Psalms, the Hebrew bible, the New Testament Epistles, and a reading from one of the four Gospels. Sunday readings are on a three-year cycle; daily readings are on a two-year cycle. That's a lot of reading from the bible.

Recently in our summer study of the Gospel of Mark, we came across a section that is unspoken in all of the lectionary and is, therefore, new ground for us Episcopalians who don't get much beyond what is handed to us in the lectionary. In the 11th chapter of Mark, Jesus is traveling toward Jerusalem with his disciples; He sees a fig tree that is all leaves and no fruit and he actually curses it! (This is also in Matthew chapter 21 and not included in the lectionary.) My study bible explains that the image of the fruitless fig tree is used to indict the leaders of the people. Jesus goes on to say in verse 24; "So I tell you, whatever you ask for in prayer, believe that you received it, and it will be yours." (See also Matthew 21:22)

In prison ministry this verse is not so uncommon. I have heard it on the inside repeated by men in the worst of circumstances. They have come to understand that, when they pray as Jesus taught us in The Lord's Prayer, that "Thy will be done", it will be. It WILL be. Maybe not the way we think it should be done, maybe not when we think it should be done, but if they believe "Thy will be done", it already is taken care of. I have heard them say to pray it once, pray it knowing that God hears all prayer, ask that "Thy will be done" and it is done. You may certainly pray it again tomorrow if you want, God probably likes to hear from you, but it isn't really necessary. If you prayed it, if you believed it, if "thy will be done" is asked for, then that's enough. It will be yours. - Lee Davis

Parish Book Store



ESC observed Shabbat (Sabbath) service Friday, August 10 with Rabbi Israel Zoberman at Congregation Beth Chaverim.

Support the Parish Book Store. All profit made by the book store is used to support seminarians and deacons in our diocese.

Hours:

M - F - 9:00 A.M. - 3:00 P.M.

Sat - 9:00 A.M. - 12:00 P.M.

Sundays between worship services

Eastern Shore Chapel
2020 Laskin Road
Virginia Beach, VA 23454
ph. 428-6763

Parish Book Store * (757) 425-0114 * books@easternshorechapel.org
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**The next edition of the E-pistle newsletter will be published on August 30th.
Articles and photos should be submitted to the office by 5:00 p.m. on August
27th to be included in the E-pistle. Thank you!**



If you enjoy working with infants and toddlers, our nursery is looking for you! The hours are Sundays from 8:45 a.m. - 11:30 a.m. and the pay is \$10/hour. Safe Church Certification is required. Please contact the Parish Administrator at 757-428-6763.

Quick Links

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[Diocese of Southern VA](#)
[Episcopal Church](#)

About the E-pistle

Welcome to the weekly e-mail newsletter for Eastern Shore Chapel. It is published every Friday. We hope this publication provides you with helpful information about upcoming events and topics of concern to our parish. If you would like to contribute information, please contact Rita Waldeck, rwaldeck@easternshorechapel.org. The deadline is noon on Wednesday.