

The E-pistle

The eNewsletter for Eastern Shore Chapel

Sept. 30, 2018

ESC Mission Statement:

*To love all as Christ loves us, and to share the light of
God through worship, service, and ministry*



1. Dear Rita,

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Please join us for a Historical Tour of Eastern Shore Chapel this Sunday, September 30! We will meet outside the front door of the narthex following the conclusion of the 10:15 a.m. service.



8:00 a.m. & 10:15 a.m.

10/7 - The Reverend Julia Messer

10/14 - **One service at 9:30 a.m.**- The Reverend Cameron Randle

10/21 - The Reverend Julia Messer

10/28 - The Reverend Cameron Randle



Tuesdays: Choristers 5:00 p.m. (Choir Room)

Handbells 6:00 p.m. (Church)

Wednesdays: Eucharist, 5:45 p.m. (Chapel)

Musicianship Class, 6:00 p.m. (Choir Room)

Wednesday Dinner, 6:30 p.m. (Parish

Hall)

Adult Choir, 7:15 p.m. (Choir Room)

Thursdays: Peace & Bible Study, 7:30 a.m. (Narthex)

WEDNESDAY NIGHT DINNERS IN OCTOBER

Everyone is welcome at Wednesday Dinner. Bring your neighbors, friends and your whole family for a great meal, made from scratch. There is always an entrée, a vegetarian soup, plus salad, fresh fruit and bread - something for everyone. Any proceeds beyond expenses go to the Chapel Pantry food budget. Dinner is every Wednesday from 6:30-7:15 p.m.

in the parish hall.

10/3

Baked Pasta with Italian Sausage and Roasted Vegetables

Garlic Bread

Tuscan White Bean and Tomato Soup

Salad, Fruit, Bread

10/10

Pork Loin Roast with Apple Onion Gravy

Mashed Potatoes

Mixed Vegetables

Butternut Squash Soup

Salad, Fruit, Bread

10/17

Chicken or Beef Tacos

Black Beans and Brown Rice

Vegetable Soup

Salad, Fruit, Bread, Chips and Salsa

10/24

Chicken Korma Curry

Brown or White Basmati Rice

Mixed Vegetables

Carrot Ginger Soup

Salad, Fruit, Bread

10/31 No Dinner/No Choir for Halloween

"When I first heard about Choristers, I'll have to admit that I was a little nervous. But Dr. Sunderland worked with my voice and soon I was able to sing mellifluously. One day, Dr. Sunderland introduced me to Bell Choir. He showed me and Megan up to the loft, opened up the cases, and immediately, I was introduced to a whole new world of possibilities."

William Bibeau, on behalf of Stewardship

Holy Smokin'



Performances By: Lee Roy Parnell &
Lisa Stewart

Proceeds Support Youth Pilgrimage & Arts and Reconciliation Ministry



Saturday, October 13, 4:00-8:00 p.m., \$15 per person/under 6 FREE

This year under the tent, an award-winning singer/songwriter and slide guitar master, Lee Roy Parnell, with special guest vocalist, Lisa Stewart, will perform in concert on Saturday, October 13, from 4:00-8:00 p.m. This

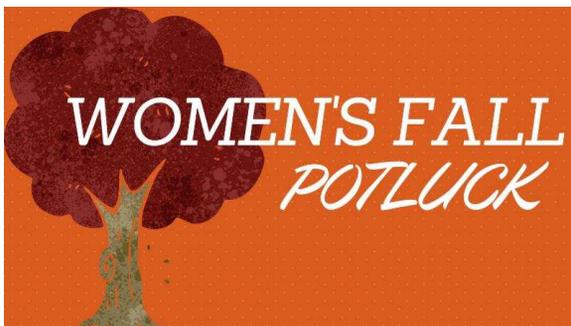
family-friendly event is a fundraiser for the parish's youth pilgrimage and arts & reconciliation ministries. Tickets are \$15 per person with children under 6 admitted free. Ticket price includes concert admission plus a plate with pulled pork or fried chicken and all the fixings: baked beans, cole slaw, mac and cheese, garden salad and ESC's secret BBQ sauce. Adult beverages and oysters; steamed or raw, with crackers, hot sauce, lemons, etc. will be sold separately. A Beer and Wine Garden will be featured outside the tent. Bring your blankets and lawn chairs. For the children, a bounce house, face painting, popcorn, and more will all be part of our afternoon of family fun. Come and enjoy an afternoon on the front lawn at ESC with games, food, beverages and incredible music, with your friends and family. Friends are especially encouraged to attend.

Tickets will be available in the narthex on Sunday mornings, online at bit.ly/HolySmokinBBQ and on our website at www.easternshorechapel.org.



Our next Friday men's breakfast will be Friday, October 5 at 7:30 a.m. in the parish hall.

Join us for a good breakfast, fellowship & fun Bible Study.



The Women of ESC will meet Sunday, October 7 after the 10:15 a.m. service (about 11:30 a.m.) for their fall potluck meeting and fellowship.

Pat Edwards will speak on her mission trips to Haiti. All women are welcomed. Bring sandwiches, salad or dessert to the parish hall before the service or after. Drinks are provided. Please join us!



Families! The PDS Fall Festival is October 20 from 10:00 a.m. - 12Noon!

We will have games, face painting, a maze, raffle baskets, cake walk and MORE! Trunk or Treating will start at 11:30 a.m., so kids can come dressed in their Halloween costumes. If you would like to volunteer to help or have any questions, please contact Molly Vaughn at mollygvaughn@gmail.com. Hope to see you there!



The Peanut Group will be cooking

October 1, 2018-May 13, 2019.

Orders may be placed by calling the parish office, 757-428-6763, giving your name, telephone number and how many quarts you would like (\$7 each). You will be called to pick up your order from the office when your order has been filled. Join us to help cook Monday mornings. The group spends several hours weekly skinning, cooking, checking, packing, and selling peanuts. We celebrate the end of our fall cooking and our spring cooking with a luncheon and well-earned rest. Our profits return to ESC through the outreach programs: the Pantry, the PDS, Kairos, the mission trip to the Eastern Shore, to name a

few. We look forward to seeing your name on the order form and your face on Monday mornings!



Every family photographed receives a complimentary directory and an 8x10 portrait.

You can sign up for photography at our church after services beginning Sunday, October 7.

PHOTOGRAPHY DATES

Wednesday, 11/7 2-8 p.m.

Thursday, 11/8 2-8 p.m.

Friday, 11/9 10 a.m.-5 p.m. (This date is reserved for those who need to be shuttled to church.)

Saturday, 11/10 10 a.m.-5 p.m.

Monday, 11/12 2-8 p.m.

Tuesday, 11/13 2-8 p.m.

Wednesday, 11/14 2-8 p.m.

For your convenience, all photography and portrait viewing will take place at our church with NO sitting fee. You will have a variety of poses taken. One pose will be selected for the directory. In addition to your complimentary 8x10, you will have the opportunity to purchase additional portraits on the day of your portrait session. Lifetouch's portrait price lists are available at the sign-up table for those who would like them prior to photography.



November 23-28-Mark the Date!

Winter Shelter is 'ON' again this year and Eastern Shore Chapel will be hosting our homeless guests from November 23rd to November 28th. It is a shorter 5-day period this year, but we will be hosting over the Thanksgiving holiday. The first day will be dinner the Friday after Thanksgiving. What a wonderful period to express our Thanksgivings and provide grace to others.

Those interested in hosting/preparing/serving a meal (breakfast or dinner) or help in any other way, please contact WORTH REMICK at Worth.Remick@CBRE-Norfolk.com. Also, donations of snacks, cookies, towels/washcloths/personal hygiene items and money are needed.

***AROUND THE DIOCESE, COMMUNITY,
AND THE WORLD***



A Prayer for the Military

Lord, we thank You for the men and women that protect this nation. As they protect us, we pray that You will protect

them. You know where they will be today and we pray that You will be there with them to guide them through whatever challenges and trials they face.

Amen

A Prayer for Government Leaders

God of power and might, wisdom and justice, through you authority is rightly administered, laws are enacted, and judgment is decreed. Assist with your spirit of counsel and fortitude the President and other government leaders of these United States. May they always seek the ways of righteousness, justice and mercy. Grant that they may be enabled by your powerful protection to lead our country with honesty and integrity.

We ask this through Christ our Lord. Amen

PRAISE for the wonderful work that is being done for the Lord with the military in northern Cameroon! The ministry with Pastors and Volunteers is garnering great fruit, ministering to over 100 soldiers on a regular basis! They have been encouraging the troops, as well as praying for those injured during their service, as they continue their outreaches in neighboring villages. A volunteer recently reported, "Being able to share the Gospel [with the military] and connect with their experiences on the front has been very life changing...for everyone!"

***"The generous will prosper; those who refresh others will themselves be refreshed." Proverbs 11:25
(NLT)***



From Prisoner to Prisoner©, a daily devotional written by prisoners and distributed to prisoners across the country:

Thursday, September 20th

"Now my soul is troubled, and what shall I say? 'Father, save me from this hour'? No, it was for this very reason I came to this hour." John 12:27

When I read this the first time I was so happy because I realized that even Jesus shows us that he in his time of need went to prayer.

Here in prison after eleven years it still amazes me how many Christians are uncomfortable about praying around other people. It is as if they are worried about how they look, sound, or if they are doing it right. If you read the Bible, it gives many examples about prayer. Through prayer, our spiritual lives and faith grow. God does not expect perfection when we pray. A simple prayer can be just as effective as a long drawn out prayer. Praying and praising God is how we become closer to Him and He yearns for this.

So, in conclusion, after having studied more scripture in the Bible regarding prayer it encourages me that prayer can strengthen my relationship with God. I shouldn't worry or be afraid to pray. Jesus, my Lord and Savior, set an example of humility and sought guidance from the Heavenly Father. What more reason for me to pray for strength, guidance, and love for my kids, family and others. Brothers and sisters humble yourselves and pray no matter where you are or how you feel and know God is waiting and will always answer His children in God's time.
-F.A.

KAIROS 15 at Sussex II State Prison - October 24-28. For information about how to get involved or support this prison ministry, contact Lee Davis at cleedavis3@gmail.com. Kairos Prison Ministry shares the love and forgiveness of Jesus Christ to incarcerated men, women, youth and their families. Kairos sprang from the Cursillo movement and is supported by volunteers from the 4th-Day movements such as Cursillo, National Episcopal Cursillo, Presbyterian Cursillo, Lutheran Via de Cristo, The Upper Room's Walk To Emmaus, and independently ecumenical Tres Dias, as well as by volunteers from independent and nondenominational churches. As a ministry, Kairos embraces a diverse group of volunteers working together to fulfill Christ's call to action in Matthew 25:36.

I am blessed beyond words to be a part of **Stephen Ministry** and I thank God every day for giving me this opportunity and for the positive changes my life has taken because of my love and trust in Him. Thanks be to God and to ESC for allowing me this opportunity! *Laura Frank Sale on behalf of Stewardship*

Parish Book Store

The votes are in and the winner of the ESC Great American Read poll is *Dune* by Frank Herbert with *Gone with the Wind* coming in as second. Thanks to all who came to the Book Store to vote!



Fall, at last, is in the air! The Parish Book Store is celebrating the change of seasons. Come see our new titles and decorations. Among our titles for children are *We Gather Together: Celebrating the Harvest Season*, *Pumpkin Jack* and *The Autumn Visitors*.

The Book Group will discuss Lauren Winner's

Mudhouse Sabbath:

An Invitation to a Life of Spiritual Discipline

Sunday, September 30
in the parlor at 11:30 a.m.

Engaging older elementary school children in the Bible can be a challenge. But Lindsay Hardin Freeman, an Episcopal priest, gives the often told stories new life in her Bible Spy Series with "eyewitness accounts" from surprising sources: a dove, a lion, a stallion and more. Find her books, the first of which is *The Spy on Noah's Ark*, at the Parish Book Store.

Support the Parish Book Store. All profit made by the book store is used to support seminarians and deacons in our diocese.

Hours:

M - F - 9:00 a.m. - 3:00 p.m.

Sat - 9:00 a.m. - 12:00 noon

Sundays between worship services

Eastern Shore Chapel

[2020 Laskin Road](#)

[Virginia Beach, VA 23454](#)

[ph. 757-428-6763](#)

Parish Book Store * (757) 425-0114 * books@easternshorechapel.org

Visit the Parish Book Store online at parishbookstore.blogspot.com



If you enjoy working with infants and toddlers, our nursery is looking for you! The hours are Sundays from 8:45 a.m. - 11:30 a.m. and the pay is \$10/hour. Safe Church Certification is required. Please contact the Parish Administrator at 757-428-6763.

Quick Links

Our website
Our Facebook page
Camp Chanco
Diocese of Southern VA

Episcopal Church

About the E-pistle

Welcome to the e-mail newsletter for Eastern Shore Chapel. It is published on the 15th & 30th of the month. We hope this publication provides you with helpful information about upcoming events and topics of concern to our parish. If you would like to contribute information, please contact Rita Waldeck, rwaldeck@easternshorechapel.org . The deadline is 5:00 p.m. on the 10th and 25th of each month.